



ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

 @StMikesWaterloo

80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: parish@stmichaelw.ca

Father Pawel Jamroz, Pastor email: pastor@stmichaelw.ca

SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

SACRAMENT OF RECONCILIATION

15 minutes before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Sunday 6:15-6:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at parish@stmichaelw.ca

OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students (jp2waterloo.ca).

SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

ST. VINCENT DE PAUL SOCIETY

Monthly collections support the following projects: North of 60 food assistance to Nunavut, Christmas Gift Cards in Waterloo, Hygiene Kits for Ukrainians, and Marillac Place after-care programs. Thank you for your continued support. For food assistance in Waterloo Region call 519-743-5576 ext 340.

BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

FROM THE PASTOR'S DESK

Weekly Gospel Reflection (Mt 5:17-37)



In the Gospel Jesus recalls the Commandments and shows the true meaning of them. He invites us to go deeper than the letter of God's Law. The Lord emphasizes that our choice between good and evil, between the way of life and the way of death, originates in the heart.

Both in Hebrew (*debarim*) and Greek (*deca-logue*), the commandments are called simply *words*. Commandments are not 'rules to obey' but 'words' given to protect life within us. By inviting us to keep them, all God wants for us is to have a true life and to become whom we are meant to be.

Fr. Jamroz

MASS INTENTIONS

Tuesday, February 17, 2026

7:00 pm + Special Intentions of Steny & Sony Paul
in Thanksgiving
+ Special Intentions of Jim Fish
– Dean Cruikshank
7:30pm-8:30pm Holy Hour with
Adoration & Benediction

Wednesday, February 18, 2026 – Ash Wednesday

12:15 pm + Special Intentions of Faith Simiyu
– Amarachi Nasa-Okolie & Family
+ Tony Villapiana – Maria Ianni
7:00 pm + Intentions of all Parishioners

Thursday, February 19, 2026

12:15 pm +Brian Krulicki – Tom & Helen Bolen
and Family
+Ewald Bilitz – Marianne Hoegler

Friday, February 20, 2026

8:00 am +Patricia Fehrenbach – Jerry & Dorothy
Hinschberger
8:30am - 9am Adoration of the Blessed Sacrament

Saturday, February 21, 2026

5:00 pm + George Chrysler, Jr. – The Family
+ Maria Eduarda Teixeira – Rita Belfry
+ Uche Orakwe – Cletus Okonkwo

WELCOME TO ST. MICHAEL PARISH

For details on our parish life, please see our website:
www.stmichaelw.ca

Parish Office Hours

The parish office is open Monday to Friday from 9:00
am to 4:30 pm.

Sunday Homilies Online

Sunday homilies are available weekly online in audio and
pdf version through our parish website – just click on the
button 'SUNDAY HOMILY'.

The Church is Open for Prayer

The Church is open for quiet prayer Monday to Friday,
from 9:00 am to 4:00 pm.

Prayer Intentions

Prayer intentions are placed at the front of the Altar and
are remembered privately at Mass during the Prayers of
the Faithful. You can also have your request shared with
our prayer group ministry. Please go to our website
www.stmichaelw.ca and click on Request a Prayer or
contact the parish office by phone or email.

Parish Email List

All registered parishioners are welcome to join a parish
email list. If you are on this list, you will be notified of
upcoming parish events including funerals. To join the
list, sign up at <https://www.stmichaelw.ca/contact-us>



ASH WEDNESDAY, FEBRUARY 18TH

Mass 12:15pm & 7:00pm

Ash Wednesday in Latin *Dies Cinerum* (*Day of Ashes*), is the start of Lent. The Church adapted the use of ashes to mark the beginning of the penitential season when we seek to grow in love and virtue. On Ash Wednesday ashes are blessed and imposed on our foreheads with words, “*Repent and believe in the Gospel*” or “*Remember you are dust and to dust you shall return.*” Ash Wednesday is an obligatory day of fasting and abstinence for Catholics. (*ewtn.com*)

WHAT IS LENT ?

Lent is a 40-day season of prayer, fasting, and almsgiving that begins on **Ash Wednesday** and ends on **Holy Thursday**. It is a period of preparation to celebrate the Lord's Resurrection at Easter. WE ARE CALLED NOT ONLY TO ABSTAIN FROM LUXURIES BUT TO A TRUE CONVERSION OF HEART - “**Rend your hearts and not your clothing**” (Joel 2:13).

In Lent, those who are baptized are called to renew their baptismal promises while others prepare to be baptized through the *Rite of Christian Initiation of Adults* (RCIA - a period of learning and discernment for those who wish to become Catholics).

FRIDAYS MASS AND STATIONS OF THE CROSS

Every Friday during Lent we will have **MASS** at **7PM** followed by the **STATIONS OF THE CROSS**

Family Day – Office Hours

The Parish Office and Church will be closed on Monday, **February 16th** for the Family Day holiday.

Separated & Divorced Support Group

Our Act II monthly informal support group meets on the 3rd Tuesday of every month at 7:30 pm. Our next meeting is **February 17th**. Please see our website for more information at: <https://www.stmichaelw.ca/separated-and-divorced>

SHARE LENT 2026

Join the **On Track for Justice** campaign launch webinar to learn all about Development and Peace — Caritas Canada’s new Share Lent campaign. Join the launch webinar on **February 21st** at 1:30 p.m.

We will learn about the work of our Brazilian partner, *Justiça nos Trilhos* (*Justice on Rails*), in the company of Padre Dario Bossi, mccj, and a member of a community along the Carajás railway. Interpretation will be provided in French, English and Portuguese. More information and registration can be found at: [Resources Lent 2026 | Development and Peace](#)

Knights of Columbus Meeting CHANGE OF DATE

The next meeting of the Council will be held Monday, **February 23rd** at 7:00 pm in the Parish Hall. All members of the Council and any parishioners wishing to hear more about the Knights of Columbus are invited to attend.



We are planning a Passion Play on Good Friday at 7 pm. We invite any students grade 5 and up who are interested in participating and anyone who is interested in volunteering to sign up in the narthex or contact the parish office. Your involvement, whether as actors or in other roles, is essential to bring the message of the cross to life.



DIOCESE OF HAMILTON

PARENTING TIP OF THE MONTH #176

We are constantly teaching our kids by what we choose to make a priority. We encourage schoolwork to be done well, to engage in extra-curricular activities, pray and attend Mass so faith stays at the forefront of our family values. We are also teaching our children when we are not trying to teach them. In these moments we are silently saying; “*you matter and I love being with you!*” So, enjoy the non-teaching times because they matter more than you might think! (From: The Family Ministry Office; 905-528-7988 ext. 2250)

Henry Walser
FUNERAL HOME LTD.

AN INDEPENDENT FAMILY
- OWNED FUNERAL HOME

507 FREDERICK ST. (at expressway)
519-749-8467

WOODWORKS
Install & Repair services

www.aplusstudio.ca
aplusstudio_art@hotmail.com

548-333-6750

SM
SUPERIOR
MEMORIALS
Since 1924

528 Victoria St. N., beside Weston's Bakery
519-745-6136

ELZ & GRECO
hair & beauty studio

52 King St N
548-288-4114

RUDY'S CUSTOM UPHOLSTERY
FREE ESTIMATES
WORKMANSHIP GUARANTEED

426 Albert St., Waterloo
CALL STEVE BRUCE
519-884-2610

We Offer:

- Kitchen design
- Closet solutions
- Furniture assembly
- Cabinet refacing
- Bathroom vanity
- TV units

You Dream
WE Design



HARVEY'S

Free original Hamburger with purchase of an Original Combo

Free Chalet soup or side salad with purchase of entre

SWISS CHALET
ROTISSERIE & GRILL

Available only at 315 Arthur St. S. Elmira location. Expires Apr. 30/26.
Not valid with any other offers.

Waterloo Knights of Columbus
Columbus Conference Centre
145 Dearborn Place

Friday Night Fish Fry:
Take out call Derek 226-748-8378
Eat in call Manager 519-884-2060

Hall Rentals: Life Celebrations, Weddings and Showers,
call Manager 519-884-2060




CARESEB
SUPPORT SERVICES

Lighten Your Day-Friendly help with
errands & home comfort

647-410-2235

ERB & GOOD
FAMILY FUNERAL HOME
Exceeding Expectations Since 1946

Paula Heimpel &
Rebecca Hlavac
(nee Henhoeffler)
Funeral Directors & Owners

171 King Street South
Waterloo
519-745-8445
www.erbgood.com

EXECUTAX
Income Tax Preparation Service
Personal / Self Employed / Estate

Contact: **Jerome Freiburger**
519-501-2155 jerome.executax@gmail.com
Reasonable Rates

THE PERFECT SPOT TO ADVERTISE



TO ADVERTISE IN THIS SPACE
PLEASE CALL
1-800-268-2637

Hygate
Retirement Residence

Call for your complimentary tour & lunch

Seniors Apartments
Independent Living Plus
Assisted Living
Respite Care

519-501-1131 ext 7502
info@hygateliving.com



Anthony Cheah, RCIC R511743
Above and Beyond Immigration Consultant

416-333-8110
whatsapp available

CANADIAN IMMIGRATION SERVICES

- Study Permits
- Post-Graduation Work Permits (PGWP)
- Spousal Open Work Permits
- Pathways to Permanent Residence

Helping International students & their families
Immigrate to Canada



Tri-City Cremation Services
McKay Memorials Inc.

Simple.
Dignified.
Affordable.

Specializing in simple cremation. Pre-plan today for peace of mind.
Kitchener **519-772-1237** www.tricitycremations.com
Family owned and operated since 2014